



TIVERTON SWIMMING CLUB

NEWSLETTER



ISSUE 17

MAY/JUNE 2009

SWIM 21 ACCREDITATION

On the 20th May 2009 Tiverton Swimming Club proudly became Swim 21 accredited. This is an award given by the ASA to swimming clubs who have met a number of high performance markers. It also automatically qualifies the club for Sport England Clubmark which is a national award presented to all sports clubs that can demonstrate the provision of a quality service for its members. The ASA view Swim 21 as a club development tool to promote quality standards. For Tiverton Swimming Club the process began many months ago to ensure standards in organisation, workforce and coaching were met. This has undoubtedly led to significant improvement in all these areas. The ultimate aim of this Club is to improve the service it offers to all of its swimmers.

Tiverton Swimming Club has achieved Swim 21 in three areas.

1. Skill Development Swimming
2. Teaching Swimming
3. Integrated Masters swimming [Foundation]

All the volunteer workforce of committee members and teachers or coaches has been involved. Our particular thanks go to Lynne Callahan, Sally Saupe and Lorna Murphy. The biggest thank-you goes to our Head Coach Steve Carder without whom Swim 21 would have been impossible. He has put in many hours of work outside the ongoing large commitment he already has. His belief is in the long term development of Tiverton Swimming Club and its swimmers. Swim 21 is a valuable tool to achieve this.

NEW TREASURER(S)

It is with great pleasure that we welcome our new Treasurer. Well, in fact, 2 new treasurers!! Brenda Gunn and Shell Tyrrell have very kindly stepped forward and offered their services. They have a wealth of experience and energy and the Club is very lucky to have them on board. The Treasurer's position is vital in running the finances of the Club and keeping us "afloat". You will probably all come across Brenda and Shell at some point, and either of them is happy to be contacted if you have any queries or concerns. Gunn535@btinternet.com and shell.tyrrell@dsl.pipex.com

WESTERN COUNTIES CHAMPIONSHIPS

A huge well done to Callum Stoneman who swam at Millfield in the Western Counties Championships on Saturday 7th June, Callum was swimming in the 100m back stroke event.

He swam a fantastic heat winning it in a great time of 1:16:83 a good pb and qualifying him for the final, a massive achievement at this high level. He swam a good final finishing in 8th place.

A brilliant result for Callum and for Tiverton Swimming Club.

CONGRATULATIONS

to Alison Williams who has just completed her Level 2 Judges Award.

Also congratulations to Jack Wakefield, one of our squad swimmers who has been selected as Head Boy next year at Tiverton High School.

SPONSORSHIP

As a club we are always in need of funds to cover operating costs such as pool hire, training for staff and volunteers and other expenses which enable us to maintain a successful club. We are currently looking for ideas to raise more funds and would like to obtain some sponsorship for the Club Open Sprint Meet on 12th July. If you think your employers or anybody else you know would be able to sponsor all or part of this event or any other aspect of the club we would be very pleased to hear from you. Any amount no matter how small would be gratefully received. Please contact Lynne Callahan on 01884 242604 or email lynnecallahan@live.co.uk for further information. For this Event we are also organising a raffle. If you have any prizes that you could donate please see Shell Tyrrell, Brenda Gunn or speak to one of committee members.

COMPETITION NEWS

Devon Developments

14 swimmers have entered the Devon Development Galas at Exeter & Tiverton in June and July. Keep an eye on the notice board for entry confirmations & further information.

Tiverton Sprint

This has to be a record amount of entries into a gala. We have had entries from 31 Tiverton swimmers, a big thank you to all of you for supporting your club, and we are sure we will all have a fantastic time. Why not bring a blanket and packed lunch and if the weather is good we can all have a picnic lunch outside!!

We are having entries from a number of our younger swimmers who are new to competing, we would like to wish them Good luck and we hope they enjoy the world of competitive swimming. As coach Carder says "Have fun"

Chard & Clevedon on June 27th

11 swimmers have been accepted and they need to check the notice board to check all is correct with their entries

Finally

Could we please make a request for separate cheques for each gala entered – it just makes ours and our New Treasurers lives easier. Thank you.

As always GOOD LUCK to all entered in the above galas.

Andy & Tracy

WEDNESDAY NIGHT—BADGE NIGHT

Congratulations to Adam McMillan who has passed his Silver Award. Also congratulations to the following swimmers who have passed their Bronze Award— Ryan Allington, Charlotte Revolta, Millie Paxton, Owen Warren, Isabelle Yeo.

Please remember if your child is enjoying Wednesday Badge Nights—have you considered doing extra sessions and joining the Junior Squad section of the Club. This would help improve their stamina, speed and overall enjoyment of the sport. These sessions take part on Saturday morning 8am-9.00am and Sunday evening 4.00-5.00pm. To find out more speak to your swimming teacher or Lorna Murphy.

Congratulations to the following swimmers who took part in the recent Distance Night:

76 lengths - Gemma Owen : 74 lengths - Rebecca O'Sullivan Wilson : 72 lengths - Harry Squire : 70 lengths - Lauren Aitchison, Seth Thorpe, Phoebe Vallance, Owen Warren, Keslie Webster : 68 lengths - Holly Perris
66 lengths - Jevan Cockbain, Chloe Greenslade : 64 lengths (1 mile) - Ryan Allington, Kia Ashfield-Donaldson, Laura Cox, Katherine Cridland, Madeleine Flaws, Adam McMillan, Megan McMillan, Blade Medland, Rebecca Milne, Millie Paxton, Charlotte Revolta, Tegan Sime, Lauren Tapp, Isabelle Yeo : 56 lengths - Tom Hagley
54 lengths - Charlotte Prentis : 46 lengths - Eleanor Parsons : 44 lengths - Eleanor Ford : 1000m - Chloe Manning
800m - Harry Johnson

FRIDAY NIGHT LEARN TO SWIM

At the start of May the swimmers on Friday Night took part in a Distance Night. Below are all their achievements. Well done to all swimmers.

25m - Adam Clarke, Solomon Clements, Erin Hammacott, Liberty Saunders and Alexandra Stockley

50m - Max Barlow, Regan Damerel, Fian Hawkins, Freddie Howard, Megan Newberry and Kaan Pektemiz.

100m - Polly Cockbain, Sophie Cox, Sophie Fallon, Lauren Hudd, Hannah Johnson, Louisa Jones, Benjamin Leathes, Samuel Leathes, Tau Medland, Layla Norman, Marcus Simmons, Rebecca Tapp and Jodie White.

200m - Cealie Aitchison, Harry Barlow, Oliver Bennett, Jake Hammacott, Rebekah Horton (14), Molly McArdle, Davina Pearce, Lucy Revolta (10) and Lucy Warren.

400m - Yasmin Crawford (22), Jack Hooper, Emily Hunt (18), Chloe Knapton, Reis Pektemiz (20), Joseph Pike, Cameron Tapp, Millie Tucker (22) and Henry White (24)

800m - Joshi Brooke, Kai Damerel, Emma Fallon, Ella Farrow-Mann, Sophie Ford, Harry Johnson (gone to Weds), Sofia Lagerqvist, Kayleigh Phillips, Alarna Raines, Olivia Short, William Stockley, Willow Tatman and Joseph White.

Dates for your Diary:

7th August — Assessment Night

14th August — Last night and re-enrolment Night

21st August — First night of course (last chance for re-enrolment)

IMPS GALA

Tiverton Swimming Club held their annual Imps gala on the 17th May and it proved to be a huge success. Club swimmers from all sections of the club enjoyed a march onto the poolside in front of the school teams before competing to a high standard in individual races. Many swimmers were competing for the first time and withstood the pressure of the cheering crowd without any problems. The two youngest swimmers from the Friday night learn to swim section, Sophie Fallon and Tau Medland, at the age of 6 both won medals. All swimmers throughout the club should be proud of their performances during the evening.

This year there was a high attendance from schools relay teams, with 14 schools entering the competition. After many heats the winning teams for the boys was Heathcoat A, with Clyst Hydon A runners up. In the girls heats Two Moors A were the winning team whilst Bickleigh A were the runners up. Team entrants then went on to swim in individual races and enjoyed the Gala along side the club swimmers.

All attending helped to make the evening a great success. Swimmers, spectators, team managers, poolside helpers, officials and all those who helped in any way should be proud to be involved in such an enjoyable and successful event.

VOLUNTEER REWARDS

The TSC committee have decided to offer all registered volunteers and swimming teachers and coaches the opportunity to have one free swim a week. This would be available between 4pm and 5pm on a Sunday afternoon and also from 6.30pm until 7.00pm on a Sunday afternoon. It would be an uncoached session when one or two lanes of the pool would be made available to volunteers to do lane swimming. On some Sundays the Leisure Centre will also be doing their staff training for lifeguards from 4pm until 5pm and then only one lane will be available.

AQUAFORCE VOLUNTEER AWARDS

The ASA runs an annual Aquaforce Volunteer Award scheme. This is a national award scheme with Regional and National winners which last year attracted over 120 nominations.

Clubs are invited to submit nominations by the 1st of July

The categories are:-

1. Outstanding contribution at club level
2. Outstanding contribution at county/regional level
3. Long service award (25yrs or more)
4. Young Volunteer – fewer than 18yr old
5. Outstanding contribution by an 18 to 25yr old

All 4 categories should be considered against the following areas

- a. What impact has the volunteers actions had on others?
- b. What have they done beyond what is expected of them?
- c. Have they inspired and supported others around them to fulfil voluntary roles?

Would you like to nominate a volunteer from Tiverton Swimming Club? Remember that without the hard work and dedication of all our volunteers the Club would not exist, and some of these volunteers have given of themselves far beyond what has been expected of them. Let's recognise this and see whether they can be recognised beyond Tiverton. Lynne Callahan has the nomination forms and would be delighted to help you complete a form if needed. Time is running out so don't hesitate to contact Lynne and put your nomination in. Either by e-mail on lynnecallahan@live.co.uk or phone 07850 483 504 or speak to her at the pool.